



Yardley Friends Meeting

65 N. Main Street
Yardley, PA 19067

July 2023

Ongoing Events at Yardley Friends

Queries for July

Grounding for Transformed Lives:
Peace and Alternatives to Violence

How do we help each other face conflicts with patience, forbearance and openness to healing?

To what extent does our meeting ignore differences in order to avoid possible conflicts?

What are we doing as a Friends meeting within our communities:

- 1) To recognize and correct the causes of violence?
- 2) To understand the impact of the global military-industrial complex on all aspects of life?
- 3) To increase the understanding and use of alternatives to violence?
- 4) To work toward overcoming separations and restoring wholeness?
- 5) To support the constructive use of authority?
- 6) To promote the sustainability of the earth?

Do I “live in the virtue [power] of that Life and Spirit that took [takes] away the occasion of all wars”?

How do I maintain Friends’ testimony that participation in war and its preparation is inconsistent with the teaching of Jesus?

Do I treat personal conflict as an opportunity for growth?

How do I face my differences with others and reaffirm in action and attitude my love for those with whom I am in conflict?

Movie Night – On the 2nd Saturday of each month time has been set aside to get together and have some fun. Bring a blanket or a chair and enjoy a movie under the stars. The nextt movie night is on July 8th. The complete summer schedule is on page 2.

Meeting for Business – Meeting for Business is held the second Sunday of each month. Worship time is shortened to 45 minutes on this Sunday.

Ponderings – Conversations where we explore our thoughts and get to know each other makes our community stronger. This is the aim of Ponderings. Each month we will explore a thought, a statement or a question. We will let this lead us where it may. We hope to hold Ponderings the third Sunday of each month. This will follow 11s (snacks after Meeting for Worship). Everyone is encouraged to pick something on their mind to lead our Ponderings. Let Linda (linda6stn@gmail.com) know your thoughts.

Adult Education – Look for further information on Google groups.

Religious Education - For information on religious education for children, see page 3.

Game Night - Wednesday, June 28th is our next game night. Games start at 7:00 pm, grab some local take out and come a half hour earlier to eat with friends.



Movies...

July 8th

(Rain date July 15th)

Finding Nemo

August 12th

(Rain date August 19th)

ET

Hope to see you there!

Ponderings

July 16th - Discussion topic:

"In recognition of an ever-changing world, what kind of world are we leaving our youth? What kinds of volunteer opportunities motivate and attract young people today?"

Tom Hoopes (Religions Department Head, Dorm Head) of George School will join us in Pondering these questions. Tom will bring with him the perspectives of the students and what he learns working with them.

August 20th - Discussion topic:

Technology

Learning is meant to be an active process of inquiry, yet it has turned into a passive habit of absorption. We receive a barrage of information from our many insistent devices at all times of the day and night. Even when we actively search a topic in an effort to broaden our knowledge, our devices track these data points. The result? Curated feeds that are saturated with strings of similar sources and reinforcing viewpoints. This constant absorption of information—without time to synthesize, contemplate, or question—has a deleterious effect on society.

How is our access to large amounts of information beneficial? How is it harmful?

We as a community need to find ways to help us recalibrate.

(This discussion point was raised at Abington Friends School and felt ripe for discussion in our own community.)

Flea Market

Most of you know the Flea Market. You have joined in and worked with us many a year. It's a day we work together, get to know each other, have fun and build a strong sense of community. For those of you that are new, please join in!

We need help especially with food and parking. Also bake sale, White Elephant sale, book sale and help getting ready and breaking down. Let me or someone on the Flea Market committee know what you want to do or we may reach out to you. It's work but a fun day and after we are done we celebrate! Join us!

Linda6stn@gmail.com
215 208 5389

Reminder:

There are bins in the lobby for our ongoing food and school supply drives.

YFM has several new books

Empowering Students in the Middle East Today

Dr Graham Leonard

Pennsylvania's Delaware Canal

60 miles of Euphoria and Frustration

Albright G. Zimmerman

A Canal Bibliography

Primary Focus on US and Canada

Albright G. Zimmerman

Clerk's Corner

Linda Jacobs Snyder

This beautifully bound book is about her time as Clerk of YFM. (I read it and as a person new to Quakerism. This was a good introduction for me. I learned some Quaker history, there was a nice discussion of simplicity and silence, testimonies, decision making, the activities and fundraisers of YFM, and so much more. This was written before our Covid Pandemic outbreak and it was a nice reminder of a "normal" time. It was written by Linda, who clearly loves being a Quaker and who is committed to YFM and its well being. Nina T.)

Prisoners of Congress:

Philadelphia's Quakers in Exile 1777-1778

Norman E. Donoghue II.

This is a newly published book (2023) about Quakers who helped settle the new republic, but refused to fight in the war against the British. They were seen as traitors and sent to Virginia as prisoners.

Happy Reading everyone

Dorothy Henry and Nina Todor

The negotiation between tradition and continuing revelation is a delicate balance to maintain, particularly when ego and issues like class and race get involved.

- Martin Kelley

Summer Reading

The following books were recommended during on June Ponderings discussion on summer reading:

House by Geraldine Brooks

Based on the remarkable true story of the record-breaking thoroughbred Lexington, *Horse* is a novel of art and science, love and obsession, and our unfinished reckoning with racism.

The Personal Librarian by Marie Benedict and Victoria Christopher Murray

The Personal Librarian tells the story of an extraordinary woman, famous for her intellect, style, and wit, and shares the lengths she must go to—for the protection of her family and her legacy—to preserve her carefully crafted white identity in the racist world in which she lives.

The Chocolate Wars by Deborah Cadbury

Featuring a cast of savvy entrepreneurs, brilliant eccentrics, and resourceful visionaries, *Chocolate Wars* is a delicious history of the fierce, 150-year business rivalry for one of the world's most coveted markets.

Fuzz by Mary Roach

Combining little-known forensic science and conservation genetics with a motley cast of laser scarecrows, langur impersonators, and trespassing squirrels, Roach reveals as much about humanity as about nature's lawbreakers. When it comes to "problem" wildlife, she finds, humans are more often the problem—and the solution. Fascinating, witty, and humane, *Fuzz* offers hope for compassionate coexistence in our ever-expanding human habitat.

Every Tool is a Hammer by Adam Savage

This toolbox also includes lessons from many other incredible makers and creators, including: Jamie Hyneman, Nick Offerman, Pixar director Andrew Stanton, Oscar-winner Guillermo del Toro, artist Tom Sachs, and chef Traci Des Jardins. And if everything goes well, we will hopefully save you a few mistakes (and maybe fingers) as well as help you turn your curiosities into creations.

Religious Education

Religious Education Committee continues to offer First Day School classes for children on two Sundays each month. Here are the summer Sundays when we will be ready to offer a class:

June 25 - Denis Copeland will teach

July 9 - Amy Olexa will teach

July 16 - Sarah Crofts will teach

Aug 6- Denis Copeland will teach

Aug 13- Amy Olexa will teach

(If the new flooring ends up being installed over a week that includes any of these Sundays, we will not hold class)

5-4-3-2-1

Grounding Technique

This is a simple grounding technique to help you de-escalate your reactions and physically calm down your nervous system.

Select five things you see around you. Describe them in detail. Maybe it's a white notepad or perhaps a spot on the ceiling.

Pick four things you can touch or feel around you, such as your tongue in your mouth, your hands in your lap, or your computer keyboard.

Notice three things you hear. Listen for sounds going on around you. You might attune to the ringing of a phone or the hum of an air conditioner, for example.

Identify two things you can smell. If you can't smell anything, name your two favourite scents.

Name one thing you can taste. It might be the lingering taste of coffee, gum, or a mint after lunch.

I was glad to get my usual spot; the last bench in the left row facing forward, even though it was not my usual time for worship. This was my first Sunday morning worship, after graduating from Abington Friends School. As I settled in, I noticed a man in a three piece suit enter the Meetinghouse. A few steps behind was his child, somewhere between boy and man. He was wearing a rock and roll tee shirt, ripped jeans, and his long hair hung down over his drooped head. I could hear the fight that went on in their house that morning in my head. The young man didn't want to go. The father yelled at him for what he was wearing. Eventually, the kid lost the fight over having to go and the father lost the fight over what he wore. I could feel the still lingering anger and resentment.

The father took one of the middle benches in the rows facing right, so I was able to see them very well. He sat exactly in the middle of the bench. His son slid in after him, continually pushing up his glasses, because he had yet to lift up his head. I was certain he would sit hugging one of the ends. Instead, he sat right next to his father. I assumed this was mandatory seating. Silence settled and I tried not to stare at the two, addicted to the family drama. I kept checking on them. After some time passed, the young man inched closer to his father and put his head on his chest. His father put his arm around him and gave him a kiss. The two sat there intertwined for the rest of the hour. That is the moment I became a Quaker.

I don't know if my initial assessment of the situation was real or imagined. I don't know if they found healing in the silence or if they had started in a place of love. What I do know is that two very different people accepted each other as they were, and held each other close. That is what I strive to do every day. The most profound testimony I ever witnessed was completely unspoken. Over three decades later, it still gives me chills.

Rosa

This piece was inspired by the March 2020 issue of Friends Journal: Unnamed Quaker Creeds

Community News

Farmer's Markets in Bucks County

Lou's Farm Mart, Bensalem

Located right off Route 13 lies the quirky and unique Lou's Farm Mart. This inside market offers great hoagies, warm pies, fresh produce, seasonal treats and sweets and more! Explore their various and local offerings while admiring the brightly painted murals on the walls designed by a local.

Maximuck's Farm Market, Doylestown

For the season's freshest produce and everyday staples, stop by Maximuck's Farm Market in Doylestown. This family farm uses the latest eco-friendly techniques to provide the best quality products, like their glass-bottled milk or hormone-free beef.

Newtown Farmers Market, Newtown

Open every Thursday through Saturday, the Newtown PA Dutch Farmers Market features over a dozen vendors offering a variety of delicious foods. Explore everything from their ethnic foods such as Mexican or European down to a nice hot cup of coffee or a fresh, crusty loaf of bread.

None Such Farm Market, Buckingham

Named after the farm directly across the street, the None Such Farm Market is a proud supporter of local businesses and a bustling farmers market open daily. Here you can find anything from their farm-raised angus beef, to dry goods, to bedding plants. You can even get a bottle of Buckingham Valley Wine to pair nicely with some fresh farmer's market bread and cheese!

Perkasie Farmers Market, Perkasie

Open every Saturday morning beginning June 6, The Perkasie Farmers Market features more than 25 vendors selling a variety of locally-sourced products. From fruits and vegetables to honey and maple syrup, this farmers market has got it all. Celebrate the warm season with outdoor events for National Ice Cream Day, National Watermelon Day, and so much more!



Quakertown Farmers Market & Flea Market, Quakertown

Since 1932, this market has been attracting shoppers from across eastern Pennsylvania. Its indoor farmers market offers fresh fruit, vegetables, baked goods, dairy products and more. Vendors at the indoor/outdoor flea market sell the finest antiques and vintage wares.

Rice's Sale and Country Market, New Hope

Rice's Sale and Country Market where bargain-hunters can browse more than 400 vendors selling everything from fresh produce to vintage clothes. Open every Tuesday and Saturday, Rice's is a Bucks County tradition, operating for more than 150 years.

Shady Brook Farm, Yardley

For 100 years, Shady Brook Farm has been growing and selling delicious fresh produce right here in Bucks County. Shady Brook's farm market sells everything from home-grown produce and locally-raised organic meats to mouth-watering baked goods and seasonal favorites. Visitors can also hop on the wagon and take a ride out to the fields for a pick-your-own experience!

Tabora Farm Market, Chalfont

Located in the heart of Bucks County, Tabora Farm Market at Tabora Farm and Orchard offers a wide range of products in a small and unique market. Treat yourself to their gourmet chocolates, cookies and locally farm-made ice cream. If you're in the mood for a healthy treat, indulge in their trail mix snacks and homemade jams and peanut butter. Pick your own fruits during select seasons. There's even a full coffee bar and a made to order crepe and smoothie area! The Tabora Farm Market is open from May through September.

Tanner Brothers Dairy Farm, Warminster

Tanner Brothers Dairy Farm is the best place to fill your dairy, fruit & veggie needs! Tanner's has been in the dairy business for over 100 years, and is a favored provider of milk, cream and chocolate milk (you'll find no better) for many families throughout Bucks County.

Trauger's Farm Market, Kintnersville

Spread across 60 acres, this family owned and operated farm grows fruit and vegetables all seasons. The on-farm store and bakery is open year-round and uses the freshest ingredients. Also available fresh brown eggs.

Independence Day Celebration: Living History Day

At Washington Crossing Historic Park, you can watch living historians demonstrate their crafts and see a military encampment from noon to 4 PM on Tuesday, July 4. A highlight of the day will be readings of the Declaration of Independence. Tickets are \$8 for adults age 12 and over; \$4 for children ages 5-11; and free for those under 5, active duty military, and members of the Friends of Washington Crossing Park. Family tickets are available for \$20.